

A Guide for Emory Students Affected by Sexual Assault & Relationship Violence



The Respect Program

*Engaging the Emory community to prevent & respond to sexual
assault & relationship violence*

Office of Health Promotion

Emory University Student Health & Counseling Services

For more information contact

Lauren (LB) Bernstein, LMSW

Assistant Director for the Respect Program

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<http://respect.emory.edu>

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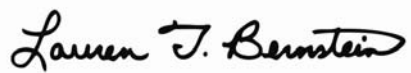
Dear Emory Student,

You are very courageous to have disclosed your experience with sexual assault or relationship abuse and we want to assure you that you have support. We have compiled this packet to help acquaint you with your resources and options during this time. Emory University is well-equipped to assist you, whether through having individuals to talk to and support you, medical attention, moving to a different residence hall, changing classes, requesting academic advocacy, visiting a counselor or seeking support, planning for your safety, and/or engaging with legal authorities or the Title IX/sexual misconduct process.

This is a time in which you will need to make many decisions and may feel a variety of emotions that might make it difficult to cope alone. Please know that you have the support of the Respect Program in the Office of Health Promotion. We are always available to assist and support you as you begin to think through your options and make a plan for your immediate safety and future recovery.

I hope that this packet is helpful to you during this time. For more information, please do not hesitate to contact me at 404-727-1514 or email me at Lauren.Bernstein@emory.edu to set up a time to talk. I will be able to provide you with free and confidential* assistance and support.

Sincerely,



Lauren T. Bernstein
Coordinator of the Respect Program
Engaging the Emory community to prevent & respond to sexual assault & relationship violence
Office of Health Promotion, Emory University Student Health & Counseling Services

The Respect Program provides confidential services to the maximum extent permitted by law. Confidentiality and Privacy will be maintained to the maximum extent permitted by applicable law. **Any incident involving a minor (a person under the age of 18 in Georgia), shall be reported to the Emory Police Department. The Emory Police department shall contact any other necessary authorities (DFCS, appropriate law enforcement agency, etc.) If the survivor is a minor, the appropriate representative of Campus Life will also be notified so s/he can inform the survivor's family of the assault*

The Respect Program: Central Resource for Students

The Respect Program's mission is to engage the Emory community to prevent and respond to sexual assault and relationship violence. It's a part of the Office of Health Promotion in Emory University Student Health & Counseling Services in the Division of Campus Life.

Who we serve: All undergraduate and graduate students

How to reach us:

Lauren (LB) Bernstein, LMSW (Assistant Director for the Respect Program)

404.727.1514 | lauren.bernstein@emory.edu | respect@emory.edu

Location: 1525 Clifton Road 103 Suite but can meet anywhere on campus

Why a student would contact Respect:

- She's in crisis and isn't sure what to do/wants to figure out her/his options.
- She needs some sort of accommodation to feel safe and well.
- He wants to get involved with supporting peers who have been affected by violence, want to prevent violence, or otherwise want to be a part of a student group or internship related to these issues.

For students who have been affected by sexual assault we provide:

- Crisis intervention and immediate support
- Accompaniment to appointments
- Assistance with reporting to the Title IX Coordinators, including anonymous reporting
- **Confidential** consultations (scheduled anonymously)
- Advocacy
 - Room reassignment
 - Classroom accommodations
- Connecting with counseling, medical care, conduct and legal on and off campus Referrals

For more information about the Respect Program or issues of intimate partner violence, sexual assault, and stalking go to <http://respect.emory.edu>.

Student Support Options

The student you are helping has support and options at Emory including:

- Medical care
 - Confidential Individual consultations and advocacy
 - Personal counseling
- Reporting to legal authorities and/or the Title IX Coordinators
- Housing relocation
- Academic accommodations
- Referrals to on and off campus resources

Medical care is the first decision you need to consider because it will influence the type of exam necessary and where the student will receive your medical care. Please walk through these options with the student.

Emergency Medical Care and/or Evidence Collection

- If you think there is even a remote possibility that you will pursue legal prosecution for sexual assault **and** the incident occurred within the past 72 hours, we recommend that you go to the Emergency Department at DeKalb Medical Center. **You also have the choice to go to Emory University Hospital**; however, DeKalb Medical Center has the most technologically advanced evidence collection capabilities, staff that specialize in medical evaluation of sexual assault cases, and the option of meeting with an advocate from the DeKalb Rape Crisis Center. Do not shower, change clothes, or douche before going to the hospital. The advocate can meet you at the Emergency Department and support you through the exam process and provide any additional support you may need through the legal system. The evidence collected will remain in storage should you decide to pursue prosecution. **Choosing to have evidence collected does not obligate you to press charges, and the DeKalb Police Department may subsidize some of the cost of the exam.**
- If you have any physical discomfort; suspected injuries; pain; bleeding or soreness; unusual discharge, cuts, or sores; or head trauma it is highly recommended that you receive initial medical evaluation at DeKalb Medical Center. Even if you do not desire evidence collection, their expertise will help you to receive the optimal level of care for your condition.
- If you want testing for evidence of “date rape” drugs, **and** the assault occurred within the past 12 hours, you should go to DeKalb Medical Center. Most drugs cannot be detected after 12 hours.

Please note: you will incur costs for medical care received at DeKalb Medical Center. To ensure confidentiality in billing, you may choose not to give your insurance information when you fill out the admission paperwork. Additionally, you may provide your on-campus address if you do not want the bill to be sent to your home address.

- **Transportation**
 - DeKalb Medical Center is located at 2701 North Decatur Road, Decatur, GA, 30033 (for directions call 404-501-2787).

- Getting to/from DeKalb Medical Center:
 - **MARTA:** Take bus North Decatur Rd./Virginia Highland—Eastbound (Route 36) from North Decatur Road (by Complex Hall). DeKalb Medical Center is located at North Decatur Rd and Winn Way.
 - **Taxi:** Checker Cab Company (404-351-1111)

Non-Emergency Medical Care & Follow-Up Treatment

- You also have the choice of receiving same day/next day care at Emory University Student Health Services (EUSHS). Even if you are certain that you do not want evidence collection, you still need preventive medical treatment or treatment for injuries. At Emory Student Health Services, you will not be seen for an examination that can be used as evidence, but you may choose to start your medical treatment there. Your medical care may include optional treatment for the prevention of sexually transmitted infections, HIV, **and/or** pregnancy. Pregnancy prevention is most effective if a sexual assault occurred within the past 72 hours. Medical treatment may also include follow-up STI testing at 3 and 6 months after the assault. A provider at EUSHS may still recommend that you go to the Emergency Room either at DeKalb or Emory, particularly if there are injuries or other health concerns that require specialized testing. To make an appointment at EUSHS, you may:
 - Call 727-7551, ext. 1
 - Go on-line to studenthealth.emory.edu to access your patient portal
 - Walk in during business hours. Although there might be a wait, you will be seen
- After your first visit at DeKalb Medical Center or Emory University Hospital, Emory Student Health Services is available to provide you with follow-up care. We recommend this appointment occur within 1-2 weeks of your initial appointment.
- Students will incur charges for any necessary laboratory tests and/or medications ordered at Student Health Services. If you have privacy concerns, you may prefer not to have these charges billed to your health insurance, particularly if those bills are sent to your home address. Consult with Lauren (LB) Bernstein in the Respect Program about potential funding options for medical care at Student Health Services. Medical care at Student Health Services may be paid for directly by the student; however, if you set up a payment plan, it will go on your bursar bill, which for many students is sent to their home address.
- Bills and statements are billed to the address provided to Student Health Services. If your insurance is being billed, however, Student Health Services has no control over where the insurance company sends its explanation of benefits.

If you want total confidentiality, you can:

1. Provide payment in full at the time of your visit
2. Verify at the checkout desk that Student Health Services has your preferred mailing address on file
3. Specifically ask the checkout clerk to provide you with a statement showing the .00 balance and to note on the account "Do not bill this date of service to insurance."

Long-Term and Non-Medical Support Options

The Respect Program is dedicated to providing you with necessary information, confidential guidance, and support during this difficult process. The Respect Program is located in the Office of Health Promotion in Student Health and Counseling Services 1525 Clifton Road in the 103 Suite but Lauren Bernstein and other professional advocates can meet with a student in other locations. To schedule a free, anonymously scheduled, confidential consultation, please contact the Respect Program at 404.727.1514 or respect@emory.edu.

Reporting to Legal Authorities

- You may want to report to law enforcement authorities. Depending on the location of the incident, the Emory Police Department or the DeKalb County Police will assist you. You can initiate a report by calling the Emory Police Department, which will contact the appropriate authorities if the assault occurred outside their jurisdiction. Your report **will not** obligate you to follow through with legal action.
- Confidentiality and privacy will be maintained to the maximum extent permitted by applicable law. **Any incident of sexual assault involving a minor (a person under the age of 18 in Georgia) shall be reported to the Emory Police Department.** The Emory Police department shall contact any other necessary authorities (DFCS, appropriate law enforcement agency, etc.) If the survivor is a minor, the appropriate representative of Campus Life will also be notified, as s/he must inform the survivor's family of the assault.

Filing a Title IX Report for Sexual Misconduct

- You have the option to report this incident to the Title IX Coordinator for Students Carolyn Livingston. If you do so, a professional will be assigned to investigate your case. In cooperation with the Title IX Coordinator, you may determine your participation level in this process. Title IX/sexual misconduct includes "sexual harassment, domestic violence, dating violence, and stalking." For more information about resources and policy related to sexual misconduct at Emory go to <http://sexualmisconductresources.emory.edu>.
- The sexual misconduct policy is available here: <http://policies.emory.edu/8.2>.
- The policy states that "sexual misconduct can occur between strangers or acquaintances, including people who have an intimate or sexual relationship."
- A key component of this policy is **consent**. The policy defines consent as "a clear, unambiguous, and voluntary agreement between participants to engage in specific sexual activity. Consent is active, not passive, and is given by clear actions or words. Consent may not be inferred from silence, passivity, or lack of active resistance alone. A current or previous dating or sexual relationship is not sufficient to constitute consent, and consent to one form of sexual activity does not imply consent to other forms of sexual activity. Being intoxicated does not diminish one's responsibility to obtain consent. In some situations, an individual may be deemed incapable of consenting to sexual activity because of circumstances or the behavior of another, or due to their age. Examples of such situations include, but are not limited to, incompetence, impairment from alcohol and/or other drugs, fear, unconsciousness, intimidation, coercion, confinement, isolation, or mental or physical impairment."
- In other words, consent is not the absence of a "no," but the presence of an enthusiastic "yes." Any alcohol inhibits someone's ability to give consent.

Receiving Emotional Support

- You also have the option of meeting with the Respect Program for a **confidential** consultation to receive support and learn about your options.
- Many survivors will minimize or deny their experience as a coping strategy. This approach may make them unlikely to seek medical and emotional care. If you or someone you are helping has been affected by sexual assault or abuse in a relationship, please remember that the Respect Program will meet you where you are to assist you.
- It can be helpful for a survivor to identify her support system, including friends or family.
- The Respect Program provides confidential support, advocacy, and crisis intervention. Counseling can be an essential component of self-care after an unwanted sexual experience or to cope with being in or leaving a relationship in which there is abuse. Respect professional advocates can connect you with on and off campus counseling options for longer term care. At Student Health Services, you can see a health care provider to discuss the option of medication to help you sleep or to manage anxiety or stress associated with the assault.

Support Resources

A more comprehensive list is available at respect.emory.edu

On Campus Resources

The Respect Program – Lauren (LB) Bernstein, LMSW; Assistant Director respect@emory.edu , http://respect.emory.edu	(404) 727-1514
Emory Police Department	(404) 727-6111
Title IX Coordinator for Students, Carolyn Livingston, PhD chliven@emory.edu	(404) 727-7195
Student Health Services	(404) 727-7551
Counseling & Psychological Services	(404) 727-7450
Emory University Hospital	(404) 712-7021
Help Line (confidential, student staffed) available 8:30pm-1am	(404) 727-HELP (4357)

Off Campus Resources

DeKalb Rape Crisis Center 24 hour confidential crisis line free counseling service	(404) 377-1428 (404) 377-1429
DeKalb Medical Center Emergency Department ask to speak with a Physician's Assistant	(404) 501-5350
National Dating Abuse Helpline 24 hour confidential crisis line Live online chat support (5pm-3am EST)	(866) 331-9474 http://www.loveisrespect.org
RAINN Rape, Abuse, and Incest Hotline 24 hour confidential hotline 24 hour confidential online hotline	(800) 656-HOPE (4673) https://ohl.rainn.org/online
Georgia 24-hour Domestic Violence Hotline	(800) 334-2836