

Student Resource Guide



The Respect Program

Engaging the Emory community to prevent & respond to sexual assault & relationship violence

Office of Health Promotion

Emory University Student Health & Counseling Services

Lauren (LB) Bernstein, MSW
Coordinator of the Respect Program

404.727.1514

Lauren.Bernstein@emory.edu

<http://www.bewellexcel.org/respect>

Last Updated: August 15, 2012

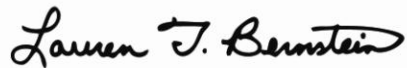
Dear Emory Student,

You are very courageous to have disclosed your experience with sexual assault or relationship abuse and we want to assure you that you have support. We have compiled this packet to help acquaint you with your resources and options during this time. Emory University is well-equipped to assist you, whether through having individuals to talk to and support you, medical attention, moving to a different residence hall, changing classes, requesting academic advocacy, visiting a counselor or seeking support, planning for your safety, and/or engaging with legal authorities or the student conduct process.

This is a time in which you will need to make many decisions and may feel a variety of emotions that might make it difficult to cope alone. Please know that you have the support of the Respect Program in the Office of Health Promotion. We are always available to assist and support you as you begin to think through your options and make a plan for your immediate safety and future recovery.

I hope that this packet is helpful to you during this time. For more information, please do not hesitate to contact me at 404-727-1514 or to make an appointment to see me through the student portal. I will be able to provide you with free and confidential* assistance and support.

Sincerely,



Lauren T. Bernstein

Coordinator of the Respect Program

Engaging the Emory community to prevent & respond to sexual assault & relationship violence
Office of Health Promotion, Emory University Student Health & Counseling Services

Student Health and Counseling Services provides confidential services to the maximum extent permitted by law. Confidentiality and Privacy will be maintained to the maximum extent permitted by applicable law. **Any incident involving a minor (a person under the age of 18 in Georgia), shall be reported to the Emory Police Department. The Emory Police department shall contact any other necessary authorities (DFCS, appropriate law enforcement agency, etc.) If the survivor is a minor, the appropriate representative of Campus Life will also be notified so s/he can inform the survivor's family of the assault.*

Student Support Options

You have many su

- Medical care
- Individual consultations and advocacy
- Reporting to legal authorities and/or the Office of Student Conduct
- Housing relocation
- Academic advocacy

Emergency Medical Care and/or Evidence Collection

- If you think there is even a remote possibility that you will pursue legal prosecution for sexual assault **and** the incident occurred within the past 72 hours, we recommend that you go to the Emergency Department at DeKalb Medical Center. **You also have the choice to go to Emory University Hospital**; however, DeKalb Medical Center has the most technologically advanced evidence collection capabilities, staff that specialize in medical evaluation of sexual assault cases, and the option of meeting with an advocate from the DeKalb Rape Crisis Center. Do not shower, change clothes, or douche before going to the hospital. The advocate can meet you at the Emergency Department and support you through the exam process and provide any additional support you may need through the legal system. The evidence collected will remain in storage should you decide to pursue prosecution. ***Choosing to have evidence collected does not obligate you to press charges, and the DeKalb Police Department may subsidize some of the cost of the exam.***
- If you have any physical discomfort; suspected injuries; pain; bleeding or soreness; unusual discharge, cuts, or sores; or head trauma it is highly recommended that you receive initial medical evaluation at DeKalb Medical Center. Even if you do not desire evidence collection, their expertise will help you to receive the optimal level of care for your condition.
- If you want testing for evidence of “date rape” drugs, **and** the assault occurred *within* the past 12 hours, you should go to DeKalb Medical Center. Most drugs cannot be detected *after* 12 hours.

Please note: you will incur costs for medical care received at DeKalb Medical Center. To ensure confidentiality in billing, you may choose not to give your insurance information when you fill out the admission paperwork. Additionally, you may provide your on-campus address if you do not want the bill to be sent to your home address.

- **Transportation**
 - DeKalb Medical Center is located at 2701 North Decatur Road, Decatur, GA, 30033 (for directions call 404-501-2787).
 - *Getting to/from DeKalb Medical Center:*
 - **MARTA** (fare \$1.75 one way): Take Kensington Blue Flyer (route 245) from Clifton Rd. at Uppergate Dr. DeKalb Medical Center is located at North Decatur Rd and Winn Way.
 - **Taxi:** Checker Cab Company (404-351-1111)

Non-Emergency Medical Care & Follow-Up Treatment

- You also have the choice of receiving same day/next day care at Emory University Student Health Services (EUSHS). Even if you are certain that you do not want evidence collection, you still need preventive medical treatment or treatment for injuries. At Emory Student Health Services, you will not be seen for an examination that can be used as evidence, but you may choose to start your medical treatment there. Your medical care may include optional treatment for the prevention of sexually transmitted infections, HIV, **and/or** pregnancy. Pregnancy prevention is most effective if a sexual assault occurred within the past 72 hours. Medical treatment may also include follow-up STI testing at 3 and 6 months after the assault. A provider at EUSHS may still recommend that you go to the Emergency Room either at DeKalb or Emory, particularly if there are injuries or other health concerns that require specialized testing. To make an appointment at EUSHS, you may:
 - Call 727-7551, ext. 1
 - Go on-line to studenthealth.emory.edu to access your patient portal
 - Walk in during business hours. Although there might be a wait, you will be seen
- After your first visit at DeKalb Medical Center or Emory University Hospital, Emory Student Health Services is available to provide you with follow-up care. We recommend this appointment occur within 1-2 weeks of your initial appointment.
- *Students will incur charges for any necessary laboratory tests and/or medications ordered at Student Health Services.* If you have privacy concerns, you may prefer not to have these charges billed to your health insurance, particularly if those bills are sent to your home address. Medical care at Student Health Services may be paid for directly by the student; however, if you set up a payment plan, it will go on your bursar bill, which for many students is sent to their home address.
- Bills and statements are billed to the address provided to Student Health Services. If your insurance is being billed, however, Student Health Services has no control over where the insurance company sends its explanation of benefits.

If you want total confidentiality, you can:

1. Provide payment in full at the time of your visit
2. Verify at the checkout desk that Student Health Services has your preferred mailing address on file
3. Specifically ask the checkout clerk to provide you with a statement showing the .00 balance and to note on the account "Do not bill this date of service to insurance."

Long-Term and Non-Medical Support Options

The Respect Program is dedicated to providing you with necessary information, confidential guidance, and support during this difficult process. The Respect Program is located in the Office of Health Promotion at 1525 Clifton Road in the 103 corridor, but Lauren can meet with a student in other on-campus locations. To schedule a free and confidential consultation, please contact Lauren Bernstein at 404-727-1514 or by email at Lauren.Bernstein@emory (although email is not always a secure form of communication).

Reporting to Legal Authorities

- You may want to report this assault or violence in your relationship to law enforcement authorities. Depending on the location of the incident, the Emory Police Department or the DeKalb County Police will assist you. You can initiate a report by calling the Emory Police Department, which will contact the appropriate authorities if the assault occurred outside their jurisdiction. Your report **will not** obligate you to follow through with legal action.
- *Confidentiality and Privacy will be maintained to the maximum extent permitted by applicable law. **Any incident of sexual assault involving a minor (a person under the age of 18 in Georgia), shall be reported to the Emory Police Department.** The Emory Police department shall contact any other necessary authorities (DFCS, appropriate law enforcement agency, etc.) If the survivor is a minor, the appropriate representative of Campus Life will also be notified as s/he must inform the survivor's family of the assault.*

Filing a Report with the Office of Student Conduct

- You have the option to report this incident to the Office of Student Conduct if the reported assailant is an Emory student. If you do so, a professional in Campus Life will be assigned to investigate your case. In cooperation with Student Conduct, you may determine your participation level in this process.

Receiving Emotional Support

- You also have the option of meeting with Lauren Bernstein for a **confidential** consultation to receive support, learn about your options, and to see how she, as the Coordinator of the Respect Program, can assist you.
- Many students attempt to minimize or deny their experience. This approach may make them unwilling to get necessary medical and emotional care. If you have been affected by sexual assault or abuse in a relationship, please remember that the Office of Health Promotion and Student Health & Counseling Services has free and confidential services that are designed to help you process the event and work toward recovery.
- Sharing your experience with a trusted friend or fellow student (e.g., peer counselor) can provide you with important emotional support. However, if you do not receive the validation and support that you deserve, seek professional guidance.
- Counseling can be an essential component of self-care after an unwanted sexual experience or to cope with being in or leaving a relationship in which there is abuse. You are encouraged to pursue help through any of the campus and/or community resources, such as the Student Counseling Center. At Student Health Services, you can see a health care provider to discuss the option of medication to help you sleep or to manage anxiety or stress associated with the assault.

Preventing Future Contact with the Person Who Harmed You

- If you live on campus, you have the option of changing your residence. The Office of Residence Life and Housing is available to assist you in this process.
- If s/he is in any of your classes, you can receive help through Academic Advising in the Office of Undergraduate Education or the Dean of your school.
- Lauren Bernstein can assist you with both of these options as well as planning for your ongoing safety and support

Emory's Sexual Misconduct Policy (<http://policies.emory.edu/8.2>)

The tenets of Emory University's Undergraduate Code of Conduct (honor, responsibility, trustworthiness, and respect) are essential components of healthy interpersonal relationships. When relationships become intimate, these principles become paramount. Sexual intimacy requires mutual participation in an environment of affirmative consent. Sexual misconduct against anyone by anyone, male or female (whether acquaintance or stranger) is unacceptable. Emory University will not tolerate sexual misconduct in its community.

- Emory University has developed this policy based on five fundamental principles:
- Members of the university community are expected to maintain ethical standards of trustworthiness and respect for others.
- Sexual misconduct encompasses a range of behaviors, from inappropriate touching to rape.
- The use of alcohol and/or other drugs may blur the distinction between consent and manipulation.
- Real or perceived power differentials between individuals may create an unintentional atmosphere of coercion.
- Educational and preventative measures are necessary components of the university's commitment to reduce sexual misconduct in its community.

The university will take seriously every complaint of sexual misconduct reported to the Office of Student Conduct. A careful and thorough investigation will be conducted to ensure that all parties involved receive appropriate support and fair treatment.

Sexual misconduct defined. Sexual misconduct is defined as any act of a sexual nature perpetrated against an individual without consent or when an individual is unable to give consent. Sexual misconduct includes, but is not limited to, the unwanted touching or attempted touching of a person's breasts/chest, buttocks, inner thighs, groin, or genitalia, either directly or indirectly; and/or rape, forcible sodomy, or sexual penetration (however slight) of another person's oral, anal or genital opening with any object. Sexual misconduct also includes sexual exploitation, defined as taking non-consensual, unjust sexual advantage of another for one's benefit or the benefit of another party. These acts may or may not be accompanied by the use of coercion, intimidation, or advantage gained by the use of alcohol and/or other drugs.

Consent defined. Because sexual misconduct is defined as sexual activity that is undertaken without consent, it is imperative that each participant obtains and gives consent to each instance of sexual activity. Consent is an affirmative decision to engage in mutually acceptable sexual activity, and consent is given by clear actions or words. It is an informed decision made freely and actively by all parties. Consent may not be inferred from silence, passivity, or lack of active resistance alone. Furthermore, a current or previous dating or sexual relationship is not sufficient to constitute consent, and consent to one form of sexual activity does not imply consent to other forms of sexual activity. Being intoxicated does not diminish one's responsibility to obtain consent.

Conduct will be considered "without consent" if no clear consent, verbal or nonverbal, is given. In some situations an individual's consent to sexual activity may be invalidated because of circumstances or the behavior of another. Examples of such situations include, but are not limited to, incompetence, impairment from alcohol and/or other drugs, fear, unconsciousness, intimidation, coercion, confinement, isolation, or mental or physical impairment. Incompetence results when an individual is at such a level of impairment such that she/he cannot appreciate the nature of giving consent to participate in sexual activity.

The use of alcohol and/or other drugs. The use of alcohol and/or other drugs can have unintended consequences. Alcohol or other drugs can lower inhibitions and create an atmosphere of confusion over whether consent is freely and validly given. The perspective of a reasonable person will be the basis for determining whether one should have known about the impact of the use of alcohol and/or drugs on another's ability to give consent. Being intoxicated or high is never an excuse for sexual misconduct.

Support Resources

On Campus Resources:

The Respect Program – Lauren Bernstein, Coordinator	(404) 727-1514
Emory Police Department	(404) 727-6111
Office of Student Conduct	(404) 727-4079
Student Health and Counseling Services	(404) 727-7551
Student Counseling Center	(404) 727-7450
Emory University Hospital	(404) 712-7021
Office of Residence Life and Housing	(404) 727-4144
Help Line (confidential, student staffed)	(404) 727-HELP
available 8:30pm-1am.....	(404) 727-4357

Many undergraduate and graduate students are trained as Sexual Assault Peer Advocates. To learn more about SAPA go to <http://www.bewellexcel.org/sapa> or contact the Respect Program.

Off Campus Resources:

DeKalb Rape Crisis Center	
24 hour confidential crisis line	(404) 377-1428
free counseling service	(404) 377-1429
DeKalb Medical Center Emergency Department	
ask to speak with a Physician’s Assistant	(404) 501-5350
National Dating Abuse Helpline	
24 hour confidential crisis line.....	(866) 331-9474
Live online chat support (5pm-3am EST).....	http://www.loveisrespect.org
RAINN Rape, Abuse, and Incest Hotline	
24 hour confidential hotline.....	(800)656-HOPE
24 hour confidential online hotline.....	https://ohl.rainn.org/online
Georgia 24-hour Domestic Violence Hotline.....	(800)334-2836