Office of Health Promotion, Emory University Student Health and Counseling Services invites students to be well at Emory! We can help you feel your best for success in and out of the classroom.

Heather Zesiger, MPH, MCHES, Director of Health Promotion
Want to get involved? Come see me about our strategic health promotion initiatives, creating a healthy campus culture, and careers in public health/higher education. I also coordinate assessment, evaluation and curriculum infusion. Can’t sleep? Make an appointment with me to enhance your sleep strategies.
Voicemail: 404 727 1736 / Email: heather.zesiger@emory.edu

Virginia Plummer, LCSW, Coordinator of Alcohol & Substance Abuse Prevention Services
See me to find out how to reduce your risk of alcohol, tobacco, and other substance abuse, or to help a friend. I offer interactive presentations to discuss how to enhance your wellness by reducing or abstaining from substance use, increasing enjoyment in substance-free ways, and managing stress.
Voicemail: 404 727 7329 / Email: virginia.plummer@emory.edu

Carol Kelly, MA, RD, CSSD, LD, Coordinator of Nutrition Education
Let’s talk about nutrition! I can consult with you and assess your nutritional needs. I provide ongoing nutrition counseling; presentations on nutrition and healthy eating including study snacks, sports nutrition, and eating for performance.
Voicemail: 404 727 1735 / Email: carol.kelly@emory.edu

Sue Gloor, RHD Fellow 2011-2012
I handle outreach and marketing. I partner with Residence Life and other student groups, and I maintain the department’s presence on Facebook, LL, and other e-communications. I also make the videos for Student Health 101, so talk to me if you want to be famous!
Voicemail: 404 727 9003 / Email: sgloor@emory.edu

Lex Gilbert, Administrative Assistant
Just ask me! I handle materials requests (e.g. condoms, brochures for student groups), and general questions; I’m also the webmaster and graphic designer. I coordinate SHAC, Student Health Advisory Committee-a great way to be involved in health at Emory.
Voicemail: 404 727 1697 / Email: lex.gilbert@emory.edu

Marc Cordon, MPH, Associate Director/Health Promotion Specialist
I’m the coordinator for the ACHA-NCHA study at Emory; I implement and oversee related research on health promotion strategies and student health needs; and I organize Emory’s Healthy Campus initiative.
Voicemail: 404 712 1447 / Email: mcordon@emory.edu

Lauren Bernstein, MSW, Coordinator of Sexual and Relationship Violence Prevention Education and Response
Contact me about advocacy; crisis intervention; counseling and referral for sexual assault survivors. I’m also the advisor to the Alliance for Sexual Assault Prevention (ASAP).
Voicemail: 404 727 1514 / Email: lauren.bernstein@emory.edu

Willie Bannister, LPC, Alcohol and Other Substance Abuse Prevention Counselor
I provide counseling on alcohol and other drug abuse prevention, and give presentations focused on helping you make lower risk choices if and when you choose to drink. We can also talk if you’re interested in quitting smoking or are concerned about prescription drug misuse. It goes without saying that individual meetings are confidential.
Voicemail: 404 727 0395 / Email: wbannis@emory.edu

Shirley Banks, Health Educator, AASECT Certified Sexuality Counselor
Sexuality and sexual health are top of my list! I can help with individual or couple counseling on sexual & relationship issues, as well as confidential HIV testing. I am the advisor for SHAG, Emory’s Sexual Health Awareness Group. I also teach students about the health benefits of meditation.
Voicemail: 404 727 7312 / Email: shirley.banks@emory.edu

May 2011